



# Mindful Gardens

SENSORY & WELLNESS DESIGN



Information Pricing Booklet

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# Designs That Enrich Your Senses

At Mindful Gardens, we craft unique and personal designs that bring your dream garden to life.

Focusing on sensory and mindfulness, our designs stimulate your senses and soothe your mind. We believe that a garden should be a place of peace and tranquillity, and our designs reflect that.

We can create designs in an array of themes suiting all types of budgets, and we will be with you on your mindfulness journey from design concept to realisation.

RTE Super Garden 2024 finalist Gary Hegarty is the designer behind Mindful Gardens.

With a personal interest and passion for sensory and wellness design, Gary wants to highlight the benefits of bringing mindfulness to your outside space and its importance for those who are neurodiverse.

We can recommend a trusted landscape company, or can provide detailed designs for a landscaper of your choice.

Services we offer: Design Consultation  
Project Management  
Aftercare



**Begin your mindfulness journey and book a 45 minute consultation. We will then create a 2D computer generated plan, including planting plan, of your project based on a brief we develop together to bring your dream space to life.**

We can provide this service on-site (dependant on location) and virtually, throughout the UK and Rep.Ireland.

What you get with this package:

#### **ONSITE**

- 45 minute consultation from Gary.
- A project brief created based on your needs and wants.
- Measurements taken of site.
- Photographs of site.
- Site aspect and soil test to ensure plants will thrive.
- 2D computer generated plan, including planting plan, within 10 days.

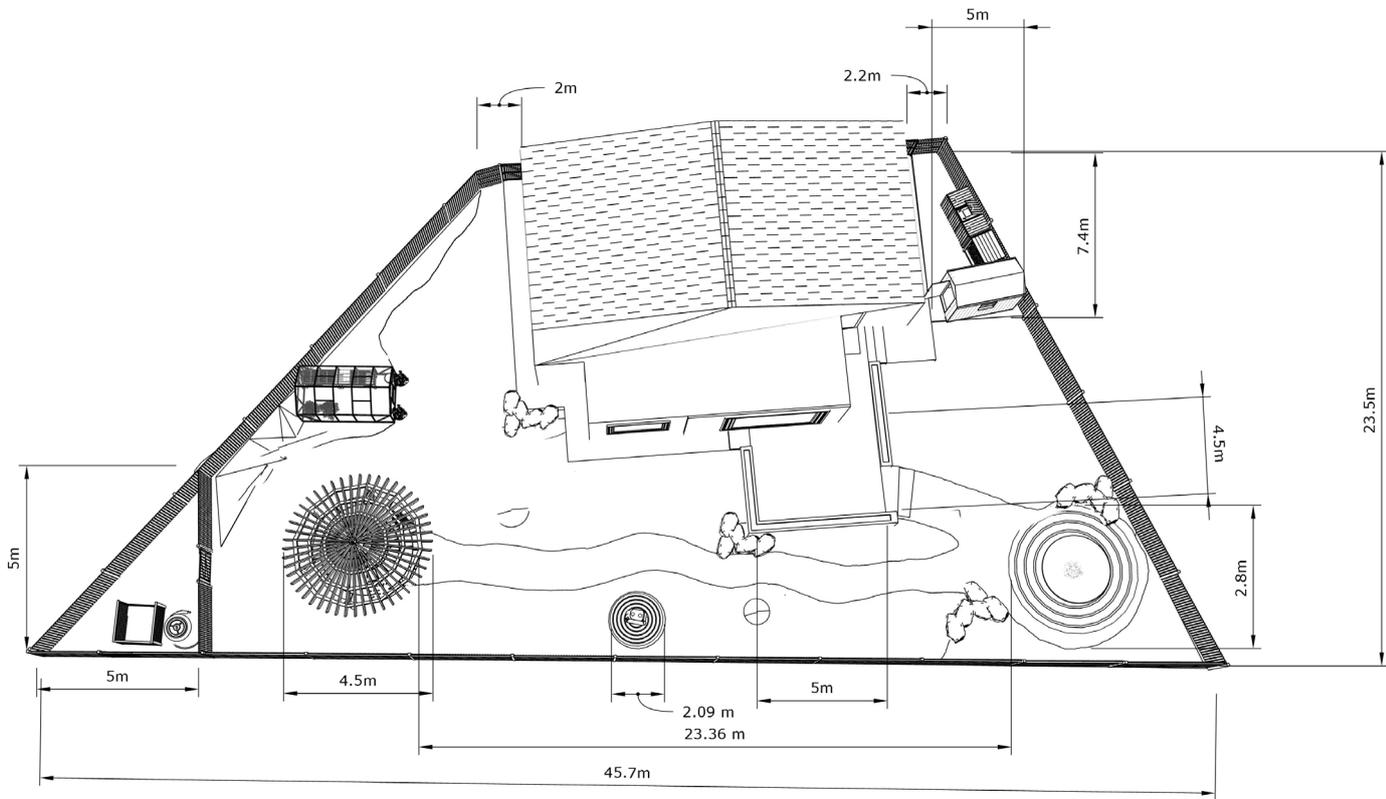
#### **VIRTUALLY**

- As above, however client will need to supply photos, measurements, and site aspect. We will of course guide you through this.
- Unfortunately soil testing cannot be carried out, we can however examine the type of soil on site during the consultation.

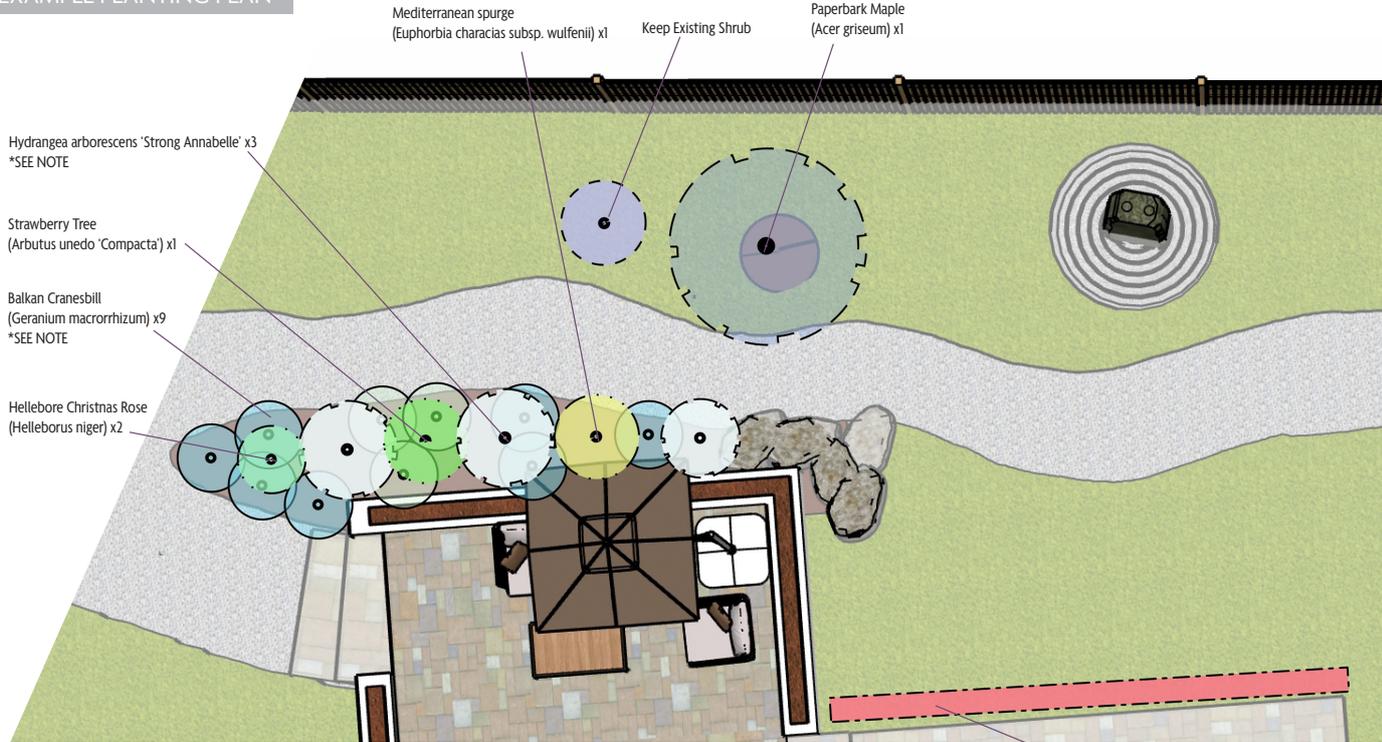
from £160 BASED ON 10M X 10M SPACE

# SILVER DESIGN PACKAGE

EXAMPLE SITE PLAN DESIGN WITH MEASUREMENTS



## EXAMPLE PLANTING PLAN



**Note:**

Cransbill Geraniums are considered non-toxic for dogs, however the Pelargonium species are.

Hydrangea can be toxic to dogs, but I have included this in the design as a Hydrangea already exists in the garden. However, if in doubt, this can be replaced with Physocarpus opulifolius 'Little Devil'

- Allium Goldenhammer
- Autumn-moss grass (Deschampsia autumnalis)
- Balkan Cranesbill (Geranium macrorrhizum) x9
- Blackberry Blueberry bush (Deschampsia repens) x1
- Clematis - var. 'Jackmanii' George Dawson x
- Deer Fern (Polystichum sp.) x1
- Dwarf Fountain Pine (Ficus Miquel) x1
- Echinacea purpurea 'Alba' x1
- Echinacea purpurea x1
- Echinacea purpurea x1
- Hydrangea arborescens 'Strong Annabelle' x3
- Hellebore Christmas Rose (Helleborus niger) x2
- Hellebore Christmas spurge (Euphorbia characias subsp. wulfenii) x1
- Paperbark Maple (Acer griseum) x1
- Phlox x fraseri 'Red Robin' Hedge
- Pine bush (Pinus murrayana)
- Small Bush Tree (Echinococcia 'Royal Purple') x1
- Soft Shellbark (Liquidambar styraciflua) x1
- Star Jasmine (Trachelium minus-japonicum) x1
- Strawberry Tree (Arbutus unedo 'Compacta') x1

Phytolmia x fraseri 'Red Robin' Hedge  
Quantity depending on purchase size:  
Smaller Specimens: 3-4 plants/meter (staggered spacing).  
Large Specimens: 1-2 plants per metre

**Begin your mindfulness journey and book a 60 minute consultation, followed by a further 30 minute virtual presentation, at a time of your convenience. We will present our 3D computer generated design of your outdoor space, including planting plan and reasons for plant choices. At this stage, customer input is welcome, and we can tweak the design if necessary.**

What you get with this package:

## **ONSITE**

- 60 minute consultation from Gary, plus 30 minute virtual presentation
- A project brief created based on your needs and wants.
- Measurements taken of site.
- Photographs of site.
- Site aspect and soil test to ensure plants will thrive.
- 2D computer generated plan, and 3D generated drawings within 14 days.
- Planting plan and building plan. All the documents you need to build your dream garden.
- Maintenance plan.

## **VIRTUALLY**

- As above, however client will need to supply photos, measurements, and site aspect. We will of course walk you through this.
- Unfortunately soil testing cannot be carried out, we can however examine the type of soil on site during the consultation.

**from £375** BASED ON 10M X 10M SPACE

# GOLD DESIGN PACKAGE

EXAMPLE RENDERED DESIGN STILLS



# GOLD DESIGN PACKAGE

EXAMPLE RENDERED DESIGN STILLS



**We can help you begin your mindfulness journey when you book a 60 minute consultation, followed by a further 30 minute virtual presentation, at a time of your convenience.**

**We will present our 3D computer generated design of your outdoor space, including planting plan and reasons for plant choices. The client will have ongoing consultation throughout, with unlimited changes to the design. This package also includes the option for us to project manage the build.**

What you get with this package:

**ONSITE**

- 60 minute consultation from Gary, plus 30 minute virtual presentation, and further presentation and/or consultation if needed.
- A project brief created based on your needs and wants.
- Measurements taken of site.
- Photographs of site.
- Site aspect and soil test to ensure plants will thrive.
- First draft 2D computer generated plan, and 3D generated drawings within 10 days.
- Planting plan and building plan. All the documents you need to build your dream garden
- Maintenance plan.

## **VIRTUALLY**

- As listed before, however client will need to supply photos, measurements, and site aspect. We will of course walk you through this.
- Unfortunately soil testing cannot be carried out, we can however examine the type of soil on site during the consultation process.

## **EXTRAS AVAILABLE AT FURTHER COST**

- Project management (only available if site is accessible - We will make visits to the site throughout the time of the build and be on call for the client and landscapers when needed.
- Aftercare - We will be there for you when the build is completed, and inspect the build upon completion. If you have any queries or concerns, we are only one phone call away.

from £550 BASED ON 10M X 10M SPACE

PACKAGE INCLUDES ALL OF THE ABOVE PLUS AN IMMERSIVE MOVIE. EXPERIENCE YOUR GARDEN ON THE BIG SCREEN FOR MOVIE EXAMPLES, CHECK THE QR CODE



## Mindful Gardens

@Mindful\_Gardens

Bespoke designs that bring your dream garden to life, focusing on Sensory and Mindful...more

[mindfulgardensni.com](http://mindfulgardensni.com) and 2 more links

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## Example 3D Designs

**3D Designs & Animation, covering all angles of the space.** We will provide designs which show different design perspectives of the space and a walk through animation so you can be truly immersed and experience your dream space.



# EXAMPLE PLANTING PLAN

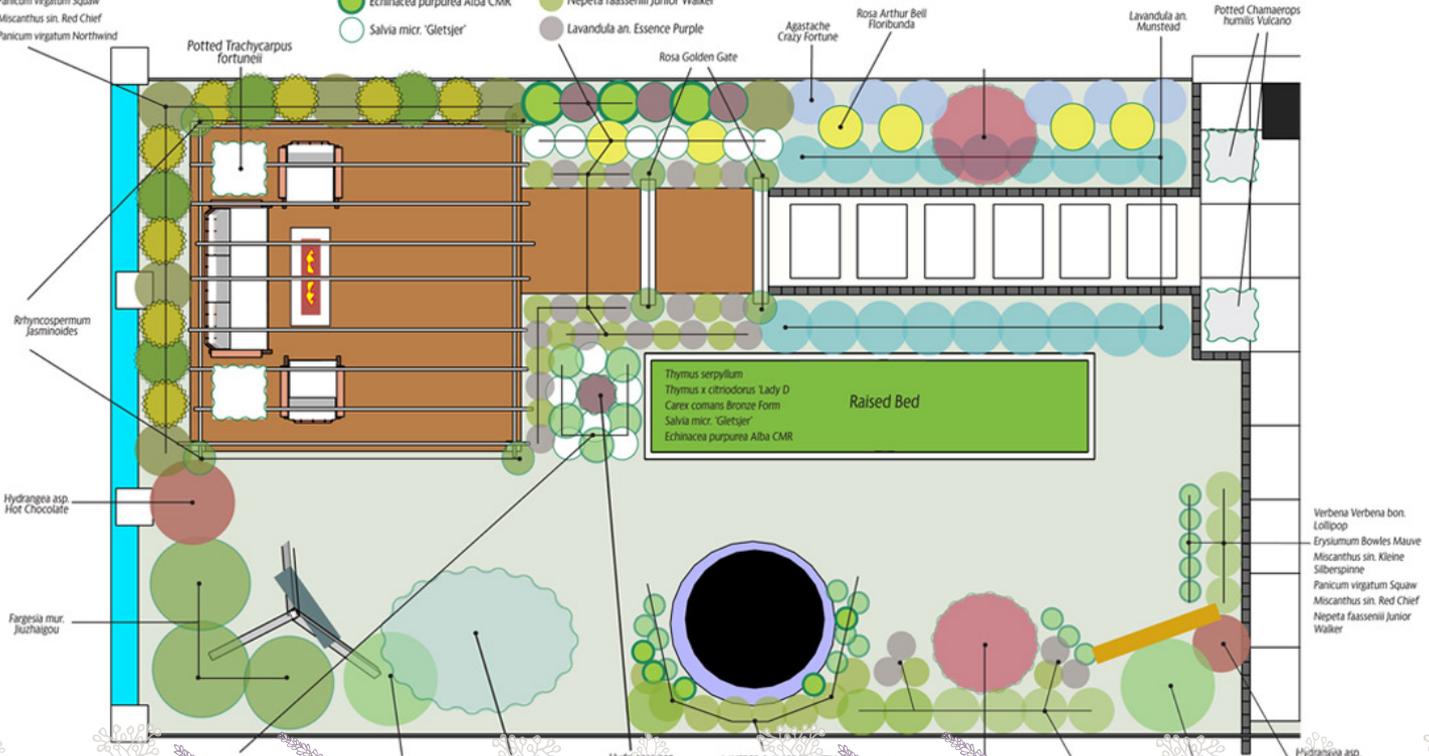
## Planting Plan

### ALTERNATE PLANTING

- Penisetum alopecuroides* Hameln
- Miscanthus sin. Kleine Silberpinne*
- Panicum virgatum* Squaw
- Miscanthus sin. Red Chief*
- Panicum virgatum* Northwind

### LAYERED PLANTING

- Echinacea purpurea* CMR
- Echinacea purpurea* Alba CMR
- Salvia micr. 'Gletsjer'*
- Rosa Arthur Bell Floribunda
- Nepeta faassenii* Junior Walker
- Lavandula an. Essence Purple*



*Rhynchospermum jasmynoides*

*Hydrangea asp. Hot Chocolate*

*Fargesia mur. Juchagou*

### LAYERED MASS PLANTING

- Salvia micr. 'Gletsjer'*
- Echinacea purpurea* Alba CMR
- Echinacea purpurea* CMR
- Lavandula an. Essence Purple*
- Carex comans* Bronze Form
- Lychnis tenuis* Sibirica
- Thymus* *Myrsinensis*
- Erythronium bowlesii*

*Fatsia japonica* Spiders Web

*Cedrus atlantica* Glauca Pendula

*Hydrangea pan. Grandiflora* Half Standard

### LAYERED MASS PLANTING

- Carex comans* Bronze Form
- Begonia spiralis*
- Ostrya virginiana*
- Sorberia obovata* Lollipop
- Hestica cinerea* Blue
- Artemisia graminea* Junior

*Larix laricina* Star Wars

*Miscanthus sin. Kleine Silberpinne*

*Panicum virgatum* Squaw

*Miscanthus sin. Red Chief*

*Fatsia japonica* Spiders Web

*Hydrangea asp. Hot Chocolate*

- Verbena* *Verbena bon. Lollipop*
- Erythronium Bowles* Mauve
- Miscanthus sin. Kleine Silberpinne*
- Panicum virgatum* Squaw
- Miscanthus sin. Red Chief*
- Nepeta faassenii* Junior Walker

**Raised Bed**  
*Thymus serpyllum*  
*Thymus x citriodorus* Lady D  
*Carex comans* Bronze Form  
*Salvia micr. 'Gletsjer'*  
*Echinacea purpurea* Alba CMR

# EXAMPLE MAINTENANCE PLAN

**In-depth, covering all aspect of the garden maintenance.** Such as: Paint and varnish information, pruning timings and techniques, fertilisers and when to apply, tools to use.



Climbing Rose & Shrub Rose

## SPRING

To increase flower heads in summer, roses can be fed with a fertiliser (something similar to pic on right) a minimum of twice a year: once in spring, and once again in mid to late summer.

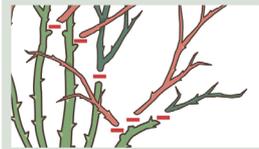


## SUMMER

Feed with fertiliser. Increase flower heads by cutting dead or dying flowers from the plant.

## WINTER

It is recommend climbers are pruned in late winter/early spring, when the first growth is beginning. This is generally between January and February. Don't worry about cutting back too much. Roses are extremely strong and will grow back.



Above: Cut back stems which look dead, or dying



Hydrangea Grandiflora Half Standard

## SPRING

To increase flower heads in summer, hydrangea can be fed with the same feed used on the roses.

## SUMMER

Increase flower heads by cutting dead or dying flowers from the plant.

## AUTUMN

Deadhead plant to prepare for winter and new growth in spring



Jasmine

## ADDITIONAL INFO

Next Summer (2024) when the jasmine starts to increase in size, it can be separated and tied in using string around the posts, and trained along the pergola roof. In time, the Jasmine will cover the entire pergola roof



Nepeta

## AUTUMN

Cut back after flowering has finished to keep the plant compact.



Verbena bonariensis

## ADDITIONAL INFO

Verbena needs very little care. Just water in dry spells. They die back in winter and self seed in the spring/summer.

Lavender (see info on page 3)

## ADDITIONAL INFO

Not to be confused with the plant beside which is Nepeta.



# Mindful Gardens

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As seen on  
**RTE** SUPER  
GARDEN

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